

## LESSON FIVE

### BACK TO OUR SEQUENCE OF CREATION—SPEIEPIR THE KEY TO SUCCESS

#### **The second step in the Sequence of Creation is PERCEPTION.**

Given that every individual is, to a degree, present, the most common and routine cause of failure to achieve what one truly wants is an aberration of PERCEPTION.

But first, let us correctly define this word aberration.

*noun*

1. the act of departing from the right, normal, or usual course.
2. the act of deviating from the ordinary, usual, or normal type.
3. deviation from truth or moral rectitude.
3. mental irregularity or disorder, especially of a minor or temporary nature; lapse from a sound mental state.

There are other uses of the word, but these above pertain to what we are doing here.

***Most folks are operating on aberrated and false perception, and don't know it.*** Although I am sure you have too often had to wonder “where is that guy at, or, where is he coming from!?”

Well the answer is, they are “coming from” and acting based on altered and aberrated PERCEPTION.

How so?? Well, look at our definition of that key word *APPERCEIVE*— definition #2 states: to comprehend (a new idea) by assimilation with the sum of one's previous knowledge and experience.

And it is here, at this point of setting up for a new, or for continuing old endeavors, that folks screw up by bringing to bear one's “knowledge,” ***but in the form of prejudices, old wrong answer solutions, precepts, thoughts and beliefs*** to apply as part of the action of Perception.

If you listen to folks closely, you will soon see that most actually don't operate on truth, but instead operate on personal false beliefs, prejudices and precepts regarding what is or “should be.”

That word Precept is something we need to be sure you understand:

Definition, *Precept*:

*noun*

1. a commandment or direction given as a rule of action or conduct.
2. an injunction as to moral conduct; maxim.

3. a procedural directive or rule, as for the performance of some technical operation.

It will also be helpful to many of you to go to dictionary.com and note all of the synonyms.

Listen to most folks who have been betrayed by a lover: “All men/women are . . .” (insert your belief or those you have heard others utter).

Beliefs are very subtle. Here in the following example is one I have heard very frequently among many folks as I began coaching them.

There is a beginning process used at the start of personal coaching titled, “Vital Fundamentals One.” It addresses the basics and fundamentals needed to be understood between coach and client such that they know where they are “coming from” and what they are working on to upgrade and empower.

One of the questions addressed is: “What game are you playing?”

By “game” is meant: *what are you on about, what is it you really want to be doing or achieving in life.*

It is a key question and vital point that folks should, indeed must, have established for themselves . . . for, if they don’t, they don’t know where they are headed nor what they are doing in life and they can’t direct their power. And of course you’ve probably heard the refrain that: “If you don’t know where you’re headed, you’re not likely to get there!”

It is a very common occurrence to ask: “What game are you playing?” and to have the new client give various answers and then to see them “solve” his/her confusion by announcing: “But I don’t know . . .” delivered as some sort of dismissive solution to their confusion.

Now, it happens that the reason I am pointing this out, is that the precept, thought and belief “I don’t know” is what is masking and denying the individual’s perception!

Testing this proposition in-depth reveals that precepts, thoughts, opinions and beliefs, in actuality, are masking the truth in any situation and giving the person a ***false perception!***

If you believe “all women are . . .” or “all men are . . .” then you’ll not be perceiving the actuality of the individual you are addressing in front of you.

People have precepts, beliefs, thoughts, opinions about virtually everything in life! And it is this fact that leads them astray into acting stupidly and to have them failing in the endeavors of their lives.

I have truly lost count of the number of folks I’ve seen who had negative, self-sabotaging involuntarily replicating thoughts, beliefs and precepts running on subliminal automatic that were destroying the person’s successes and attainment in life till we eradicated them with the procedures you are learning in this lesson!

What you must understand about these old thoughts, beliefs, precepts are two important things:

- 1) they were adopted often long ago as “safe solutions and/or as reasonable answers” in moments of stress or confusion . . . hence they now run on automatic at a subliminal level
- 2) being “safe” and “reasonable,” they pass as being business as usual but they in fact pervert present time perception and truth. They infest your SPEIEPIR cycle of creation and accomplishment with FALSE PERCEPTION.

**In actuality, we find these old thoughts, beliefs and precepts are what is behind all self-doubts, procrastination, success-reluctance and failures to deliver what you have promised to yourselves in life.**

One issue negatively affected by incorrect precepts, beliefs, thoughts, opinions is peoples’ health. Our research has shown this is an area of activity massively impacted and led astray by incorrect precepts, beliefs, thoughts, opinions. Negative precepts, beliefs, thoughts, opinions very much affect you, your mind and your body’s metabolism and energy level. I would direct you to the discoveries and writings of Dr. Bruce Lipton for knowledge of the underlying phenomena. We deal with this issue of epigenetics (the expression of our DNA/genes in response to outside stimulus) in advanced research and course materials on my Forum for those interested.

Dictionary.com says: *Epigenetics definition, the study of the process by which genetic information is translated into the substance and behavior of an organism: specifically, the study of the way in which the expression of heritable traits is modified by environmental influences or other mechanisms without a change to the DNA sequence.*

As we progress in our lessons and, by doing the following procedure, you will be able to experience the mechanics by which negative precepts, beliefs, thoughts, opinions lead to the creation of negative conditions of existence and failure in life.

Here is the “THOUGHTS ARE THINGS EXERCISE” you can use to undo and eliminate these aberrating success destroyers from your life!

These procedures were written for use with a twin who acts as the “processor” to you as the “client.” Hence you’ll note the instruction to “Tell me about it.” (Tell to the processor) But when used as a solo process wherein one is running the procedure on oneself, you’ll find it works wonderfully well on the basis of you addressing your own mind or mental content and writing the answers down, in full, as session notes. I and my team do this on a daily basis in our advanced other procedures sessions.

## **OPTIMIZED THOUGHTS, BELIEFS & PRECEPTS PROCEDURE**

This procedure addresses specific areas of interest, wants, and activities in life that you intend to accomplish and succeed at. That is, it is used to optimize anything in life you want to succeed at by removing your aberrated “think” that blocks you.

Step A. Select the subject or area of life you want to address and clean up. It can be any subject or thing you want to accomplish, be successful at or want to enjoy.

Address this subject you have selected with the following questions.

1. Connected to (selected subject/area of life) what thoughts, beliefs, opinions or precepts do you have? Get each thought, belief, opinion or precept and run the following:
2. Connected to (thought), where is it?
3. Connected to (thought), what is its size?
4. Connected to (thought), what is its form or shape?
5. Connected to (thought), what is its color?
6. Connected to (thought), what is its weight?
7. Connected to (thought), what is its duration?  
(Note that this is not just how long has it existed, it might have a duration into the future. That is, it was created to persist and continue on. )
8. Connected to (thought), what are its mood levels?
9. Connected to (thought), what are its limitations?
10. Connected to (thought), what are its intentions?

*If the intention(s) do not lift on inspection run the “Sovereign Knowing Voluntary Replication Technique” to eradicate the unwitting involuntary replication of the intention. It is available at the end of this lesson.*

11. Connected to (thought), what must not be experienced?
12. Connected to (thought), what are its consequences?  
*Repeat until there are no more consequences.*
13. Connected to (thought), what would be a more **optimum** thought?
14. What could be the consequences of that more **optimum** thought?

*Repeat until no more possible consequences.*

If needed, repeat 13 and 14 until satisfied with the **optimum** thought.

What comes off are all of your aberrating thoughts, beliefs, opinions and precepts that mask the actual truth of life from you and which have been misdirecting you away from the successes in life you seek and thus stick you with failures.

And there are many types of failures: failures to complete what you set out to accomplish, erroneous endeavors that give you incorrect outcomes, acceptance of second best or mediocrity, are three examples. How often have you have stuck yourself with an “*it’s good enough*” that is actually way less than the ideal you have envisioned.

Note this handling of negative thoughts finishes by leading you to put into your future more correct and optimum operating principles and precepts. Here note that “optimum” does not mean perfect . . . it means the best that can be achieved currently in the current circumstances.

As another note on this subject of precepts, beliefs, thoughts, opinions, it is important to point out that they lead to false, incorrect and/or incomplete intending, envisioning, planning, and implementations that are then disastrous! This because precepts, beliefs, thoughts and opinions interfere with correct perception which then transfers on through the sequence of creation to cause them to be inadequate and/or erroneous.

As a final note, **the importance of the above rundown is that it addresses and optimizes your spiritually created mind and mental content. The thing to realize is that your mind is created by you, you personally . . . though it is true you had some help from others, some good, some bad.**

## **HANDLING INTENTIONS & URGES THE SOVEREIGN, KNOWING VOLITIONAL REPLICATION TECHNIQUE**

Folks are often bedeviled by experiencing sudden or unwanted urges and intentions. Sometimes these are quite evil, sometimes benign and even in pursuit of pleasurable sensations.

However, the most soul destroying aspect of involuntarily replicated urges and intentions is that they are subliminal and take us away from or block our true wants, desires, plans and intents to succeed in Present Time. It happens that they are lost control of long ago created solutions.

The key here is to ascertain whether the urge and intention is something you are in control of or is it directing you involuntarily. Hence the words “Sovereign, Knowing and Volitional” in the above title.

Too often folks’ lives are made miserable or troubled by involuntary replications, suddenly turning on, of unwanted urges and intentions that cause them strife or disharmony in their environments and with their fellows. Often these involuntary replications manifest as compulsive action or behavior.

“Addictions” such as “must haves” can also fall into this category, though they can often need a fuller handling in the case of true massive addiction conditions.

Routinely they bedevil our attempts to lead our lives in the manner we wish and/or to succeed in attaining success in our daily wants. These things are subtle, they are the subliminal source of our procrastinations, avoidances, unwitting success reluctance and failure to achieve the success and attainment we want.

But the simple thing to observe about these involuntary urges, intentions and actions is that they are “on automatic” . . . that is, they get triggered in daily life circumstances (for whatever reason or cause) and run on automatic.

Doing this procedure enables the person to take charge of the automatic replication and to restore oneself to being fully knowing and in charge and at cause over the urge or intention such that it ceases to affect the person.

This is the procedure:

1. Articulate and state the exact concept or intent of the involuntary replication that has manifested.
2. Describe it, then,
3. Knowingly, causatively REPEAT the intention “mentally” or spiritually. This is done by (you) the person in their own “space” or universe. Also, repeating the intention/urge in different mood or emotion levels helps unlock them.

Some folks simply repeat the concept and words of the intention or urge to themselves: this works, even if slowly. This done as many times as it takes for the person to be relieved from the uncontrolled urge or intention.

More advanced practitioners of this technique spiritually, psychically re-create knowingly and self determinedly the intention or urge in present time . . . this done the number of times necessary for the “automaticity” to undo and for the person to be free from it. (Note: knowingly (re)-creating is a higher version of “repeating.”)

Typically what will happen for advanced folks is that each time the “repeat” of the intention is done by creating it in present time, now, various manifestations of the intention’s earlier implementations will pop to view and become visible . . . this is quite normal and what the process is designed to do, as these earlier iterations of the automatic urge or intention is what is behind its being out of control in present time. Simply recognize what is happening and discharge the old “mental images” and recover the energy as free spiritual Life Force under your knowing control.

In some instances, what the intention was originally created to handle or solve will come to view. These old earlier events, incidents or circumstances are handled easily with other techniques available.

For advanced cases or people with high awareness it is often found that “wants” (as in “I *want* to experience/have/pursue . . .”) underlay intentions and urges and such “*wants*” can be run very successfully with this procedure exactly as noted above. This can have particular application in the case of addictions. Indeed, it sometimes occurs that the person becomes aware of a “want” where there is no apparent intention or urge present: on these occasions run the “want” with this procedure as you would an intention.

Similarly, “NOT WANTS” are intentions against having or experiencing something are intentions that can be eradicated with this procedure.

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## APPLICATION & EXERCISE TIME!

Ok, now is the time to put what you have learned to use.

Here is an exercise you can do right now to win at this and gain proficiency in cleaning out those old wrong answer solution thoughts, beliefs, opinions and precepts.

Step one: Write down a list of SUBJECTS and TOPICS. You can choose those that you know you have had difficulty or stalls or even embarrassment with. Otherwise you can choose to list things and subjects you want to do well at and succeed with.

A short example list might include:

Being wealthy  
Making money  
Succeeding in business, management  
Performing at my best  
Studying to learn  
Maths  
Science  
A goal of yours  
A dream you want to accomplish  
An Aspiration

Often “items” are single words . . .

Money  
Wealth  
Success  
Accomplishment  
Etc.

Step Two: Check *each* word, subject, goal, dream or aspiration with this question: “Connected to (word/subject) what thoughts, beliefs, opinions or precepts do I (you) have?”

Write down the answer . . . observe your feelings as you do so. Some of the answers will have emotions and feelings attached to them. These are the ones you certainly need to run the “Thoughts, Beliefs, Precepts Handling” on.

Pay particular attention to and be diligent with recognizing any NEGATIVE thoughts, beliefs, opinions or precepts . . . these are the ones you MUST do the handling on so as to remove them from you “repertoire” of automatic involuntary replications of self-negation and self-sabotage.

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